

SPORTS FACILITY REPORT

INTRODUCTION

Sports and physical activities form an integral part of holistic education, fostering discipline, teamwork, and physical well-being. The college takes immense pride in its world-class sports infrastructure that caters to both recreational and professional needs. Over the years, the institution has established itself as a hub for athletic excellence, hosting prestigious tournaments and nurturing talent at the state and national levels. This report provides a detailed overview of the sports facilities and the numerous events and achievements that highlight our commitment to promoting sports and wellness.

1. SPORTS FACILITIES OVERVIEW

The college boasts an extensive range of sports facilities that meet national and international standards, ensuring the best possible environment for training, competition, and recreation.

1.1 Kabaddi Court

Our kabaddi court, built to national standards, is a testament to our commitment to traditional sports. It features proper markings, robust lighting, and safety measures, making it suitable for both practice and professional matches.



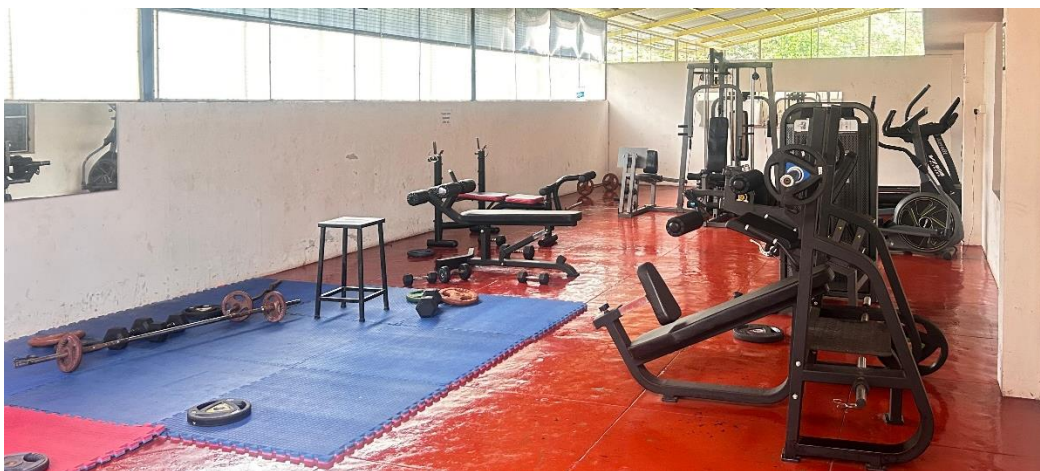
1.2 Volleyball Court

The volleyball court is designed to cater to competitions and training. With a high-quality net, precise boundary markings, and excellent surface conditions, it offers an ideal setup for players to hone their skills.



1.3 Gymnasium

The gymnasium stands out as a state-of-the-art facility, equipped with cutting-edge fitness machines, including treadmills, weight machines, and a variety of free weights. This well-maintained space provides students and staff a platform to achieve their fitness goals in a professional setting.



1.4 Yoga Hall

The yoga hall exudes tranquillity, offering a serene atmosphere for yoga and meditation. It is furnished with mats and other equipment, making it a preferred spot for enhancing mental and physical well-being.



1.5 Aerobics Area

The aerobics area is a vibrant space equipped with proper flooring and audio systems. Regular aerobics sessions are conducted here, blending fitness and fun for participants of all levels.



1.6 Badminton Courts

The college boasts indoor badminton courts with synthetic flooring that meets international standards. These courts are a hub for players aiming to compete at the highest levels.



1.7 College Ground

Our multi-purpose college ground, measuring 110m x 70m, is a versatile space used for football, cricket, and athletics. The meticulously maintained turf and well-defined boundary markings provide an excellent venue for outdoor sports.





1.8 Cricket Nets

Four cricket nets, each measuring 4m x 12m, are available for practice sessions. Designed with professional standards in mind, these nets are instrumental in refining players' skills.



1.9 Recreation Area

The recreation area offers a perfect space for relaxation and informal competitions. Facilities for indoor games such as table tennis, carrom, and chess are available, fostering camaraderie and leisure.

2. EVENTS AND ACHIEVEMENTS

2.1 Official Tournaments and Championships

The college has successfully hosted a plethora of official tournaments under the aegis of the APJ Abdul Kalam Technological University. In collaboration with the Kerala State Sports Council, we have organized championships across multiple sports, earning accolades for our excellent arrangements. Our kabaddi court has frequently served as a venue for state team coaching camps, underscoring its superior quality.

2.2 College Sports Activities

The college encourages active participation in sports through various internal tournaments, including cricket, football, volleyball, basketball, and kabaddi. The annual athletic meet remains a highlight, featuring an array of track and field events that witness enthusiastic participation from students and staff alike.

2.3 Special Events and Celebrations

To promote fitness and awareness, the college organizes unique events such as marathons and walkathons. Significant days like International Yoga Day, National Sports Day, and World Heart Day are celebrated with great zeal, reflecting our dedication to fostering a culture of health and wellness.

3. Conclusion

The sports facilities at the college are a cornerstone of our commitment to nurturing talent and promoting a balanced lifestyle. Through state-of-the-art infrastructure, diverse events, and a focus on inclusivity, the college provides an unparalleled platform for students to excel in sports. By consistently hosting official tournaments and special events, we have cemented our position as a beacon of sporting excellence. These facilities not only enhance the reputation of the institution but also inspire students to pursue their athletic aspirations with Vigor and Determination.