



DEPARTMENT OF PSYCHOLOGY

***KMEA College of Arts and Science,
Kuzhivelipadi Kochi 683561***

WELCOME TO THE DEPARTMENT

The Department of Psychology, established in the academic year 2024–2025, is committed to advancing the scientific understanding of human behaviour through excellence in teaching, research, and community engagement.

The Department offers the B.Sc. Psychology (Honours) programme under the Four-Year Undergraduate Programme (FYUGP) of Mahatma Gandhi University, implemented as per the University's Curriculum and Credit Framework, ensuring flexibility, multidisciplinary learning, and multiple entry and exit options.

The programme provides a strong conceptual foundation in psychology along with practical exposure through laboratory training, internships, and research-oriented learning. The Department emphasizes outcome-based education, aiming to develop critical thinking, ethical sensitivity, and professional competence among students.

CURRICULUM: B.Sc. PSYCHOLOGY (HONOURS)

The programme follows the **MG University FYUGP framework**, emphasizing flexibility, multidisciplinary learning, and skill development.

CURRICULUM IMPARTING (PEDAGOGY)

Approach	Description
Blended Learning	Classroom teaching integrated with LMS/Google Classroom
Experiential Learning	Laboratory experiments and field-based observations
Clinical Exposure	Internships in reputed institutions such as Ideal Mindcare HospitalVengola etc
Skill-Based Training	SEC courses focusing on psychometrics, Research Methodology, Therapeutic Skills and Data analysis

PROGRAMME OVERVIEW

The FYUGP in Psychology is a **4-year, 177-credit programme** based on:

- Outcome-Based Education (OBE)
- Choice-Based Credit System (CBCS)
- Academic Bank of Credits (ABC)

ACADEMIC FRAMEWORK

Component	Description
DSC	Discipline Specific Core Courses
DSE	Discipline Specific Electives
MDC	Multidisciplinary Courses
AEC	Language & Communication
SEC	Skill Development
VAC	Value-Based Education

PATHWAY OPTION 1 – DEGREE MAJOR / MAJOR WITH MULTIPLE DISCIPLINES OF STUDY

Semester-wise Course Distribution

Course Components	Sem 1	Sem 2	Sem 3	Sem 4		Sem 5	Sem 6	Sem 7	Sem 8	Total Courses	Remarks
DSC A (4 Credits)	1(P)	1(P)	3 (2P)	3 (2P)	INTERNSHIP OF 2 CREDITS	5	4	3	2	22	7 out of 17 can be opted as DSE
DSC B & C (4 Credits)	2(P)	2(P)	1(P)	1(P)		–	–	3	–	9	–
Multidisciplinary Courses (MDC)	1(P)	1(P)	1*	–		–	–	–	–	3	Cannot opt from DSC
Ability Enhancement Courses (AEC)	1 (English) + 1 (OL)	1 (English) + 1 (OL)	–	–		–	–	–	–	4	–
Skill Enhancement Courses (SEC)	–	–	–	1*		1**	1**	–	–	3	*Cannot opt from DSC A ** From DSC A only
Value Addition Courses (VAC)	–	–	1*	1*		1**	–	–	–	3	*Cannot opt from DSC A ** From DSC A only
Internship (2 Credits)	–	–	–	–1		–	1	–	–	2	–
Project / Dissertation	–	–	–	–		–	–	–	1	1	Project/ Dissertation 12 credits for Honours with Research & 8 for Honours

Semester-wise Summary (Courses, Credits & Hours)

Particulars	Sem 1	Sem 2	Sem 3	Sem 4	Internship Credits	Sem 5	Sem 6	Total (3 Years)	Sem 7	Sem 8	Total (Honours)
Total Courses	6	6	6	6	–	6	6	36	6	2+1	–
Total Credits	21	21	22	22	2	23	22	133	24	20	177
Total Hours per Week	25	25	25	25	–	25	25	–	25		

Minimum Credit Requirement (FYUGP Structure)

Sl. No.	Categorization of Courses for all Programmes	3-Year UG (Minimum Credits)	4-Year UG (Honours) Minimum Credits
1	Major	68	88
2	Minor	24	24 + 12*
3	Multi-Disciplinary Courses (MDC)	9	9
4	Skill Enhancement Courses (SEC)	9	9
5	Ability Enhancement Courses (AEC)	12	12
6	Value Addition Courses (VAC)	9	9
7	Summer Internship / Field-based Learning	2	2
8	Research Project / Dissertation	–	12 / 8**
Total Credits		133	177

ASSESSMENT & EVALUATION

Assessment System:

- Continuous Comprehensive Assessment (CCA)
- End Semester Evaluation (ESE)

Weightage

Component	Weightage
Continuous Comprehensive Assessment (CCA)	30%
End Semester Evaluation (ESE)	70%

Internship Evaluation

Component	Weightage	Marks (50)
CCA	30%	15
ESE	70%	35

Practical Examination – Evaluation

Sl. No.	Component	Description	Weightage
1	End Semester Practical Examination	Conducted and evaluated by the institution	—
2	Continuous Comprehensive Assessment (CCA)	Conducted by course faculty / coordinator	30%
3	End Semester Evaluation (ESE)	Conducted under the supervision of internal examiner	70%
4	Eligibility for ESE	Only students who complete CCA can appear for ESE	—
5	Grievance Redressal	University may review CCA records if required	—
6	Duration of Examination	As prescribed by the university / course structure	—

Evaluation of Project / Dissertation

Project Type	Maximum Marks	CCA (30%)	ESE (70%)
Research Project (Honours with Research – 12 Credits)	200	60	140
Project (Honours – 8 Credits)	100	30	70

Examination Modes & Duration

Mode of Examination	Minimum Time (Hours)	Maximum Time (Hours)
Written Examination	1	2
Multiple Choice	1	1.5
Any Other Mode	1	2

CREDIT ATTAINMENT AND GRADING SYSTEM (Percentage of Marks & Classification)

Letter Grade	Grade Point	Percentage of Marks (Internal + External)	Class
O (Outstanding)	10	95% and above	First Class with Distinction
A+ (Excellent)	9	Above 85% and below 95%	First Class with Distinction
A (Very Good)	8	Above 75% and below 85%	First Class
B+ (Good)	7	Above 65% and below 75%	First Class
B (Above Average)	6	Above 55% and below 65%	First Class
C (Average)	5	Above 45% and below 55%	Second Class
P (Pass)	4	Above 35% and below 45% (<i>Minimum 30% in external required</i>)	Third Class
F (Fail)	0	Below 35% aggregate or below 30% in external	Fail
Ab (Absent)	0	Absent	Fail

EXIT OPTIONS

Exit Level	Credits	Award
After 3 Years	133	UG Degree
After 4 Years	177	Honours Degree
Research Track	177 + Research	Honours with Research

CREDIT TRANSFER & ACCUMULATION

- Digital credit storage via **ABC / DigiLocker**
- Credit validity: **7 years**
- Minimum **50% credits from parent university**
- Supports inter-institutional mobility

ACADEMIC MONITORING SYSTEM

System	Function
Academic Coordinator	Overall programme monitoring
Senior Faculty Advisor (SFA)	Department-level academic supervision
Faculty Advisor (FA)	Guidance for 20–30 students
Advisory Meetings	Regular academic review
Grievance Redressal	Student support mechanism
Academic Software	Attendance, assessment, and tracking

ACADEMIC FLEXIBILITY

The FYUGP framework ensures flexibility and learner autonomy through:

- Change of Major after Semester 2
- Minor / Additional Major options
- Audit Courses (zero credit)
- MOOC / SWAYAM credit integration
- Flexible pace of completion (up to 7 years)

KEY HIGHLIGHTS

- Strong integration of theory, practice, and research
- Early exposure to internships
- Multidisciplinary learning opportunities
- Career readiness across psychology domains

TEACHING–LEARNING APPROACH

The Department adopts a **learner-centric and outcome-based pedagogical approach**:

Approach	Description
Blended Learning	Integration of classroom teaching with digital platforms
Experiential Learning	Laboratory work and field-based engagement
Case-Based Learning	Problem-solving through real-life scenarios
Continuous Assessment	Formative and summative evaluation methods
Research Orientation	Early introduction to research-based learning

INFRASTRUCTURE AND LEARNING RESOURCES

Facility	Details
Psychology Laboratory	Equipped with standardized psychological tools
Counselling Room	Dedicated space for counselling practice
Library & E-Resources	Access to books, journals, and digital materials
Field & Internship Support	Opportunities for community-based learning

These facilities ensure **practical exposure and skill development**.

RESEARCH AND EXPERIENTIAL LEARNING

The Department promotes research and applied learning through:

- Psychometric assessments and laboratory experiments
- Field visits and community engagement programmes
- Internship opportunities in clinical, educational, and organizational settings
- Guided research projects and dissertation work

These initiatives foster **research competence and real-world application skills**.

OUTCOME-BASED EDUCATION (OBE) FRAMEWORK

The programme is designed on **Outcome-Based Education (OBE)** principles.

The Department has defined:

- Programme Outcomes (POs)
- Programme Specific Outcomes (PSOs)
- Course Outcomes (COs)

As the programme commenced in **2024–2025**, outcome attainment is in the **initial implementation phase**, with structured data collection planned progressively.

PROGRAMME OUTCOMES (POs)

PO Code	Outcome
PO1	Critical thinking and analytical reasoning
PO2	Scientific reasoning and problem-solving
PO3	Multidisciplinary and interdisciplinary approach
PO4	Effective communication skills
PO5	Leadership abilities
PO6	Social responsibility
PO7	Equity, inclusiveness, and sustainability
PO8	Moral and ethical reasoning
PO9	Networking and collaboration
PO10	Lifelong learning

PROGRAMME SPECIFIC OUTCOMES (PSOs)

PSO Code	Outcome
PSO1	Understanding foundational psychological theories
PSO2	Application of interdisciplinary knowledge
PSO3	Awareness of ethical and professional practice
PSO4	Application of psychological first aid and life skills
PSO5	Understanding interpersonal relationships
PSO6	Managing relationship dynamics effectively

ASSESSMENT AND ATTAINMENT STRATEGY

Component	Weightage
Continuous Comprehensive Assessment (CCA)	30%
End Semester Evaluation (ESE)	70%

Assessment Methods

- Assignments and seminars
- Practical and laboratory work
- Internal tests and viva voce
- Project and internship evaluation

A CO-PO-PSO mapping framework has been established for systematic attainment evaluation.

CONTINUOUS IMPROVEMENT MECHANISM

The Department ensures quality enhancement through:

- Faculty review meetings
- Student feedback system

- Curriculum enrichment initiatives
- Integration of research and experiential learning

CAREER AND ACADEMIC PROGRESSION

Graduates can pursue careers in:

- Clinical and Counselling Psychology
- Human Resource Management
- Educational Psychology
- Forensic Psychology
- Health and Community Psychology
- Research and Academia

The Department supports students through **career guidance and higher education pathways**.

STUDENT SUPPORT SYSTEM

- Faculty advisory and mentoring system
- Academic and career guidance
- Counselling and well-being support
- Co-curricular and extension activities

VISION

To be a centre of excellence in psychology education and research, fostering a deep understanding of human behavior and promoting mental well-being globally.

MISSION

- To provide quality education grounded in scientific and ethical principles
- To promote research and innovation in psychology
- To contribute to community well-being through outreach programmes
- To develop competent and socially responsible psychology professionals

DEPARTMENTAL OBJECTIVES

The Department of Psychology is guided by the following core objectives:

Area	Objective
Education & Training	To provide comprehensive education and training across major subfields of psychology, preparing students for careers in research, clinical practice, and applied domains
Research Development	To promote research culture and encourage systematic inquiry into psychological processes, contributing to academic and societal advancement
Community Engagement	To apply psychological knowledge to address social issues and enhance the mental well-being of individuals and communities
Interdisciplinary Collaboration	To foster collaboration with other disciplines to enrich learning, research, and professional practice

DEPARTMENT ASSOCIATION: MANOKRITI

The Departmental Association “**Manokriti**” serves as a platform for **academic enrichment, student engagement, and professional development.**

Key Functions of Manokriti

- Organizing seminars, workshops, and invited lectures
- Conducting mental health awareness programmes
- Facilitating student-led academic and creative activities
- Promoting peer learning and collaborative initiatives
- Supporting outreach and community engagement activities

All departmental academic and extension activities are coordinated in association with **Manokriti**, ensuring active student participation and holistic development.

DEPARTMENTAL ACTION PLAN (2026–2027)

The Department proposes the following strategic action plan for the academic year 2026–2027:

1. Academic Development

- Strengthening curriculum delivery through innovative teaching methods
- Introducing add-on and certificate courses in emerging areas of psychology
- Enhancing integration of digital learning platforms and LMS

2. Research and Innovation

- Encouraging student mini-projects and research-based learning
- Organizing research methodology workshops and training programmes
- Promoting faculty and student participation in conferences and publications

3. Skill Development and Training

- Conducting training in psychometric assessment and counselling skills
- Enhancing employability through soft skills and communication training
- Organizing career-oriented workshops and expert sessions

4. Internship and Field Exposure

- Expanding collaborations with hospitals, NGOs, and organizations
- Strengthening structured internship programmes
- Promoting community-based fieldwork and experiential learning

5. Extension and Community Engagement

- Conducting mental health awareness campaigns
- Organizing outreach programmes in schools and communities
- Promoting social responsibility through student participation

6. Activities through Manokriti

- Hosting Psychology Week / Mental Health Day programmes
- Organizing competitions, exhibitions, and awareness drives
- Conducting peer-led discussions and student forums(Monthly)

7. Student Support and Mentoring

- Strengthening faculty advisory system
- Providing career guidance and higher education orientation
- Conducting well-being and counselling support initiatives

8. Quality Enhancement

- Strengthening documentation and academic records
- Implementing feedback-based improvements
- Enhancing outcome-based education practices
- Coordinating with IQAC for academic quality initiatives

CONCLUSION

The Department, in collaboration with its association **Manokriti**, aims to create a **vibrant academic ecosystem** that promotes excellence in education, research, and community engagement. The Action Plan reflects the Department's commitment to **continuous improvement, student development, and societal contribution**.

1. CURRICULUM: B.Sc. PSYCHOLOGY (HONOURS)

The Department follows the MG University Four-Year Undergraduate Programme (FYUGP), designed to provide a flexible and student-centric learning environment. This curriculum integrates foundational psychological principles with modern research and practical application.

A. CURRICULUM IMPARTING (PEDAGOGY)

- **Blended Learning:** Combination of classroom teaching and digital platforms (LMS/Google Classroom) ensures continuous learning.
- **Experiential Learning:** Integration of theory with laboratory experiments and field-based observations.
- **Clinical Exposure:** Supervised internships at institutions such as Ideal Mindcare Hospital.
- **Skill-Based Training:** SEC courses focusing on psychometric testing, communication skills, and data analysis.

B. EVALUATION & ASSESSMENT SYSTEM

- **Continuous Comprehensive Assessment (CCA – 30%):** Includes assignments, internal tests, seminars, presentations, and practical records.
- **End Semester Evaluation (ESE – 70%):** University-conducted theory and practical examinations.
- **Attendance Requirement:** Minimum 75% mandatory.
- **Practical Evaluation:** Viva voce and record-based assessment.

C. CREDITS & EXIT OPTIONS

- **Credit-Based System:** As per MG University FYUGP.
- **3-Year Degree Exit:** Completion of 133 credits leads to B.Sc. Psychology.
- **4-Year Honours:** Completion of 177 credits leads to B.Sc. Psychology (Honours).
- **Honours with Research:** CGPA \geq 7.5 + Dissertation + Viva Voce.

2. CREDIT STRUCTURE & ATTAINMENT (AS PER MG UNIVERSITY FYUGP)

2.1 MINIMUM CREDIT REQUIREMENT (FYUGP STRUCTURE)

Sl. No.	Categorization of Courses for all Programmes	Minimum Number of Credit Required	
		3-Year UG	4-Year UG (Honours)
1	Major	68	88
2	Minor	24	24 + 12*
3	Multi-Disciplinary Courses (MDC)	9	9
4	Skill Enhancement Courses (SEC)	9	9
5	Ability Enhancement Courses (AEC)	12	12
6	Value Addition Courses (VAC)	9	9
7	Summer Internship / Field-based Learning etc.	2	2
8	Research Project / Dissertation	-	12 / 8**
Total Credits		133	177

*24 + 12: Additional 12 credits for advanced/minor specialization in 4th year

**12 / 8: 12 credits for Honours with Research, 8 credits for Honours

2.2 COMPONENT-WISE CREDIT DISTRIBUTION (HONOURS)

Component	Description	Typical Credits (Honours)	% of Total Credits
Major (DSC/DSE)	Core Psychology Courses	88	45%
Minor (MN)	Complementary Discipline	36	12%
MDC	Multidisciplinary Courses	9	7%
AEC	Language & Communication	12	5%
SEC	Skill Enhancement	9	9%
VAC	Value Education	9	4%
Internship	Field Exposure	2	2%
Research Project	Dissertation	8 – 12	6%
Total		177 Credits	100%

2.3 CREDIT ATTAINMENT & GRADING SYSTEM

- Each course is graded on a 10-point scale.
- SGPA & CGPA are calculated as per MG University norms.

Letter Grade	Grade Point (GP)	Percentage Range	Performance Level
O (Outstanding)	10	95% and above	First Class with Distinction
A+ (Excellent)	9	85% and below 95%	
A (Very Good)	8	75% and below 85%	First Class
B+ (Good)	7	65% and below 75%	
B (Above Average)	6	55% and below 65%	Second Class
C (Average)	5	45% and below 55%	
P (Pass)	4	35% and below 45% (Minimum 30% in external)	Third Class
F (Fail)	0	Below 35% aggregate or below 30% in external	Fail
Ab (Absent)	0	Absent	Fail

2.4 ADDITIONAL ACADEMIC PROVISIONS & OUTCOMES

ADDITIONAL ACADEMIC PROVISIONS

- ✓ Students can opt for MOOCs / SWAYAM courses (up to 20% of total credits) as permitted by MG University.
- ✓ Inter-institutional and intra-institutional credit transfer is permitted.
- ✓ Students may opt for add-on courses and summer internships.
- ✓ The curriculum ensures Outcome-Based Education (OBE) with a focus on employability, ethical practices, and social responsibility.

OUTCOME OF THE PROGRAMME

- Strong conceptual knowledge and research skills
- Practical competence in psychological assessment and intervention
- Ethical sensitivity and professional communication
- Readiness for higher studies, research, and diverse career pathways

