

AAROGYAMANTRA AYURVEDIC RESORT

# KARKIDAKAM AYURVEDIC WELLNESS PACKAGES 2026

*Rejuvenate Your Body • Calm Your Mind • Restore Your Health*



Experience the healing power of Ayurveda this Karkidakam season at **Aarogyamantra Ayurvedic Resort**, where traditional therapies, nourishing seasonal food, and peaceful surroundings come together to create a truly transformative wellness journey.

## KARKIDAKAM SPECIAL PACKAGES

### 7 Days Rejuvenation

**₹39,999**

COUPLE (SHARING)

**₹29,999**

SINGLE OCCUPANCY

### 5 Days Wellness

**₹29,999**

COUPLE (SHARING)

**₹22,000**

SINGLE OCCUPANCY

### 3 Days Refresh


**₹19,999**

COUPLE (SHARING)





**₹13,000**

SINGLE OCCUPANCY

## AYURVEDIC TREATMENTS

-  Abhyangam (Full Body Massage)
-  Nasyam Therapy
-  Kizhi Treatment
-  Herbal Face Pack
-  Meditation Sessions

## WELLNESS EXPERIENCE







-  Karkidakam Special Ayurvedic Diet
-  Luxury Accommodation
-  Daily Wellness Guidance
-  Peaceful & Nature-Inspired Environment

# EXPERIENCE HEALING & HARMONY







## RESORT FACILITIES

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-  Luxury Rooms & Suites
-  Beautiful Herbal Garden
-  Dedicated Yoga & Meditation Hall
-  Multi-Cuisine Restaurant with Ayurvedic Cuisine
-  Calm, Green & Healing Environment
-  Ample Parking Facilities

## ADDITIONAL THERAPIES

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-  Panchakarma Treatments
-  Steam Bath
-  Specialized Ayurvedic Consultations  
*\* Doctor consultation is free in this package*
-  Customized Wellness Programs

*"This Karkidakam, invest in your health with the timeless wisdom of Ayurveda."*

# AAROGYAMANTRA AYURVEDIC RESORT

Where Healing Meets Harmony

 Kerala, India

LIMITED SEASONAL OFFER – ADVANCE BOOKING RECOMMENDED



**9544927778 | 9544947778**