



ARAVINDA VIDYAMANDIRAM



Praveshanolsavam



Aravinda Vidyamandiram celebrated Re - opening Ceremony on 1st June 2022 with great fervour after a hiatus of more than one - and a half years due to the shut down in the wake of the COVID-19 outbreak in early 2020.

Praveshanolsavam ceremony held on the first day of academic year to welcome the students. Sri Pradeep Nair, Film Maker inaugurated the

‘Praveshanolsavam Ceremony’ in the presence of honourable Principal Smt. Kavitha R C and Sri. B Anilkumar, President Aravinda Charitable Society.



WORLD BICYCLE DAY



World Bicycle Day is observed on 3rd June. The day is marked to spread awareness about the benefits of using a bicycle. Aravinda Vidyamandiram has celebrated World Bicycle Day to promote the fitness and sustainable development.

The institution has commemorated World Bicycle Day rally on 3rd June 2022. The teachers and students along with parents have taken the initiative for the bicycle rally starting from Kodungoor to Pallickathodu.

Sri Sivaprasad-Sub Inspector of Police, Pallickathodu flagged off the rally in the esteemed presence of K K Vipinachandran Nair-Member of Pallickathodu Grama Panchayath at Kodungoor Junction. The school Principal Smt. Kavitha R C addressed the riders and explained the importance of cycling in maintaining health, preserving environment and other benefits.



WORLD ENVIRONMENT DAY



To protect the planet through collective environmental action, by living sustainably in harmony with nature, Aravinda Vidyamandiram celebrated this year's World Environmental Day 2022 on 5th June.

Aravinda Vidyamandiram in collaboration with Birds club launched a project named "Chemparthikaavu"(Hibiscus Garden). The project was inaugurated by Sri. Mukesh MLA (Cine Artist) by planting Hibiscus sapling in the school campus. Sri Jayaraj , the famous Malayalam film maker was the chief guest of the day who in his speech informed the children about the need to protect the environment.



The Principal of the school Smt. Kavitha R C in her message talked about the medicinal values of Hibiscus from root to flower for the treatment of various ailments.

WORLD FOOD SAFETY DAY



In order to prevent, detect and manage food borne risks and improve human health, Aravinda Vidyamandiram celebrated World Food Safety Day based on the theme 'Safer food, Better health' on 7th June, 2022. The function was inaugurated by Dr. Meenakshi Pradeep, alumna of Aravinda Vidyamandiram. On addressing the students, she mentioned about the need of having healthy food drawing an attention and inspiring actions to help prevent, detect and manage food borne risks.



NATIONAL READING DAY



To honour the father of the 'Library Movement in Kerala'- the late P.N. Panicker, India celebrates 19th June as National Reading Day. Dr. Shaila Abraham, Principal of K G College Pampady has inaugurated National Reading Day at Aravinda Vidyamandiram. On the day, the school has launched a program named "Pusthakacheppilekku Hridayapoorvam oru Pusthakam". The Principal Smt. Kavitha R C has propagated the message of 'Read and Grow' among the students of the institution.



As part of the celebration, the literary club of the school collected 400 books from students and donated to the library of Punyam Balabhavan at Vazhoor. Various competitions like essay writing, painting, poster designing and placard making were held

INTERNATIONAL YOGA DAY



To achieve harmony of body and mind, Yoga - an ancient Indian ascetic practice plays a vital role in human's life. It boosts people's immune system and relaxes the mind and body.



Aravinda Vidyamandiram observed the International Yoga Day with the theme 'Yoga for Humanity' on the campus on 21st June. The Chief Guest Dr. Abhijith Karma, Director and Chief Medical Officer of Atma Wellness Retreat inaugurated the function. He addressed the gathering on the fundamentals of Pranayama, Asanas and breathing exercises that one can practice daily.

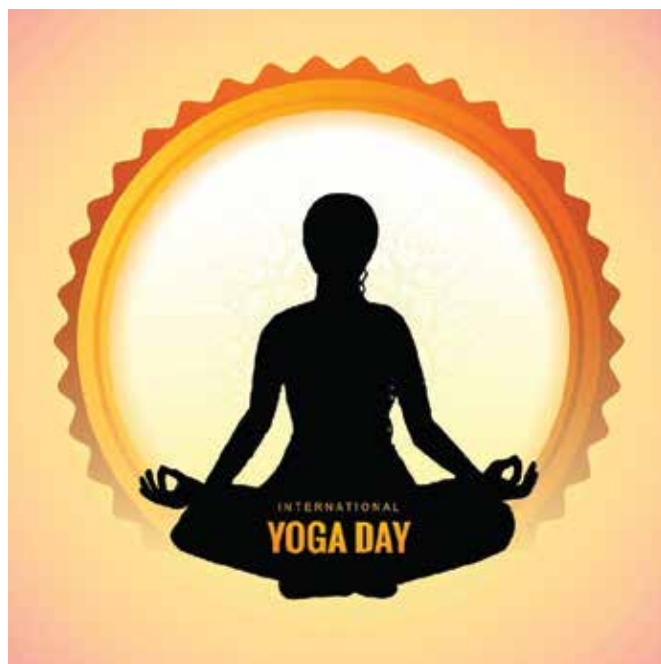


This year the event coincides with the 'Azadi Ka Amrit Mahotsav', a program that celebrates 75 years of India's Independence. The event was blessed with the presence of our beloved principal Smt. Kavitha R C

Interactive Session on Meaning of Yoga.

Aravinda Vidyamandiram Senior Secondary School organised a special session on yoga to commemorate 8th International Yoga Day. The session was led by Dr. Praveen Dheshpande, Director, Dept. of YCB Yogavidya Gurukul, Nassik.

The session was blessed with the presence of Padmasree Kunjol Mash. Dr. Praveen Dheshpande highlighted the importance of holistic well being and how physical, mental and emotional wellness is importance for the good of mankind. Honorable Principal Smt. Kavitha R C, Sri. B Anilkumar and students took part in the session.



WORLD MUSIC DAY



Aravinda Vidyamandiram Senior Secondary School celebrated the World Music Day on 21 st June and the day was cherished with the spirit of music, the vibrancy of vocals and the melody of instruments.

The event started with an auspicious song performance by music teacher Smt. Krishnaveni P S and followed by a melodious solo performance of Sri. Pradeep P P, a parent of the school. Parents, Teachers and Students enthralled the audience by rendering melodious songs of various languages.



WORLD OLYMPIC DAY



To promote sports and health, 23rd June has been celebrated as the International Olympic Day. It underscores the idea of three pillars of Olympics- **move**, **learn** and **discover** and spread the message of sports being an integral part of a healthy and fit life.



With an objective to unite for World Peace, Aravinda Vidyamandiram has arranged an Olympic run starting from the institution to Pallickathodu Junction. Sri. V.L Gokul, the State Football Player and Forest Officer inaugurated the Olympic run by handing over the baton to the Captain. Respected Principal Smt. Kavitha R C was the chairperson of the program.

WORLD ANTI-DRUG DAY



To heighten the theme “*Addressing drug challenges in health and humanitarian crisis*” Aravinda Vidyamandiram has commemorated International Anti-Drug Day on 26th June, 2022.

The students executed a skit entitled ‘**Vimukthi**’ which was portrayed on the theme ‘The influence of drug and its effects in the midst of children and society’. The drama was staged by Smt. Aswathy M.S-teacher of Malayalam-Aravinda Vidyamandiram and the students. The function was inaugurated by Sri. Philip Thomas, Assistant Excise Officer of Pampady. Smt. Kavitha R C - Principal of Aravinda Vidyamandiram was the chairperson of the program.

Excise Range Office & Preventive Officer Manoj T K led the function.

